Neurological disorders and environmental toxicants: insights and observations



#### Prof. Yoram Finkelstein, MD, PhD

Neurology and Toxicology Unit and Service Shaare Zedek Medical Center Jerusalem, Israel Possible associations between autism spectrum disorders and environmental exposures to hazardous air pollutants:

**Concentrations of Metals Potentially Relevant to Autism** 

Windham et al, Environ Health Perspect 114:1438-44 (2006)

				Mean ± SD (mcg/m <sup>3</sup> )		
<u>Metal</u>	neurologic	aavaloomantai	Suspected endocrine toxicant	Cases	Controls	
Lead	X	Х	Х	0.009 ± 0.011	0.008 ± 0.009	
Manganese	X			0.003 ± 0.001	0.003 ± 0.001	
Mercury	x	Х	Х	0.0008 ± 0.0019	0.0006 ± 0.001	

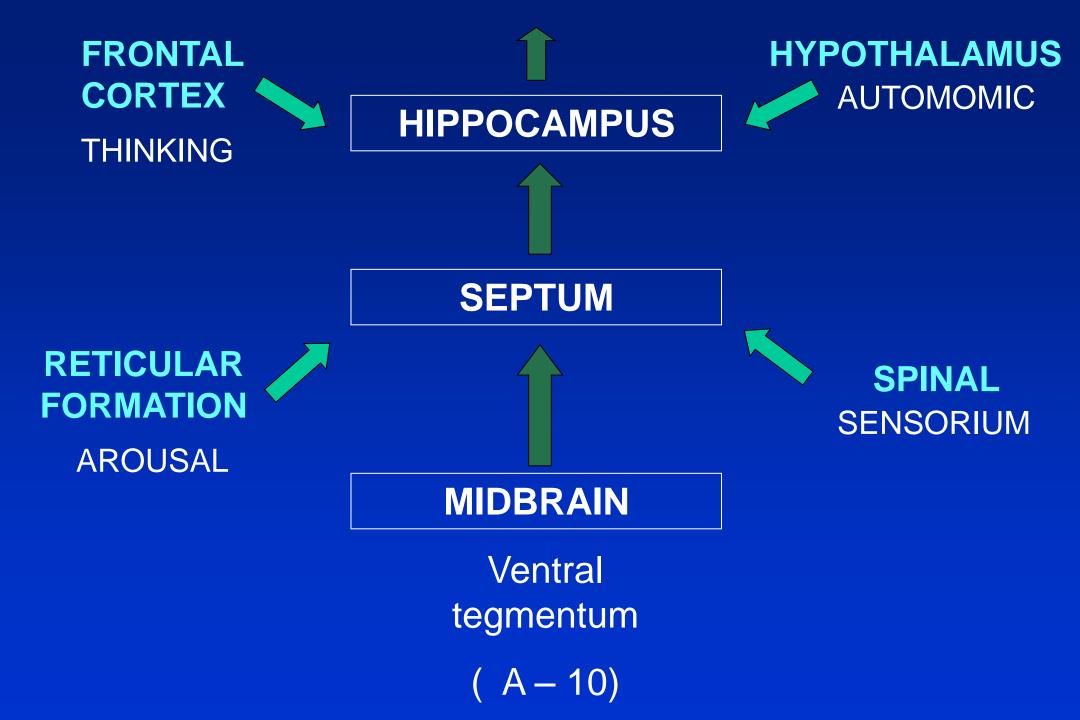
Possible associations between Neurological disorders and environmental toxicants:

Strategies for addressing this question:

- a. Clinical Observations Case Reports
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## **ERETHISM** Hg<sup>0</sup> Neurotoxicity









NeuroToxicology 17:291-5 (1996)

The enigma of parkinsonism in chronic borderline mercury intoxication, resolved by challenge with penicillamine

Y. Finkelstein, J. Vardi, M. M. Kesten, I. Hod

Unit and Service of Neurology and Toxicology, Shaare Zedek Medical Center

Jerusalem, Israel

A 47 year old female dentist suffered from Parkinsonism

A baseline quantitative urinary mercury excretion was 46 micrograms/day

The patient was treated with chelating agent dpenicillamine for a week. Chelation therapy resulted in clinical improvement of Parkinsonism and in dynamic changes in daily urinary mercury excretion

This case may be evidence, therefore, of a rare clinical variant of elemental mercury intoxication associated with Parkinsonism, in the absence of most classical neuropsychiatric signs of chronic mercurialism Possible associations between Neurological disorders and environmental toxicants:

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NeuroToxicology 28 (2007) 1003–1014

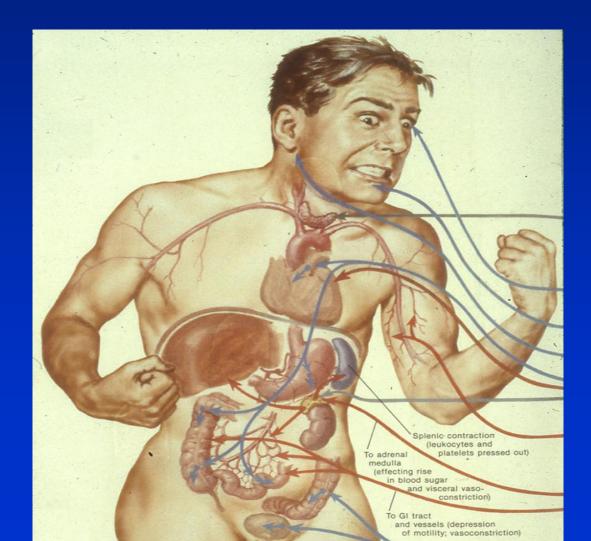
#### Modulation of cholinergic systems by manganese

#### Yoram Finkelstein<sup>a,b,\*</sup>, Dejan Milatovic<sup>b</sup>, Michael Aschner<sup>b</sup>

<sup>a</sup> Unit and Service of Neurology and Toxicology, Shaare Zedek Medical Center, Jerusalem, Israel

<sup>b</sup> Department of Pediatrics and the Kennedy Center for Research on Human Development, Vanderbilt University Medical Center, Nashville, TN, USA

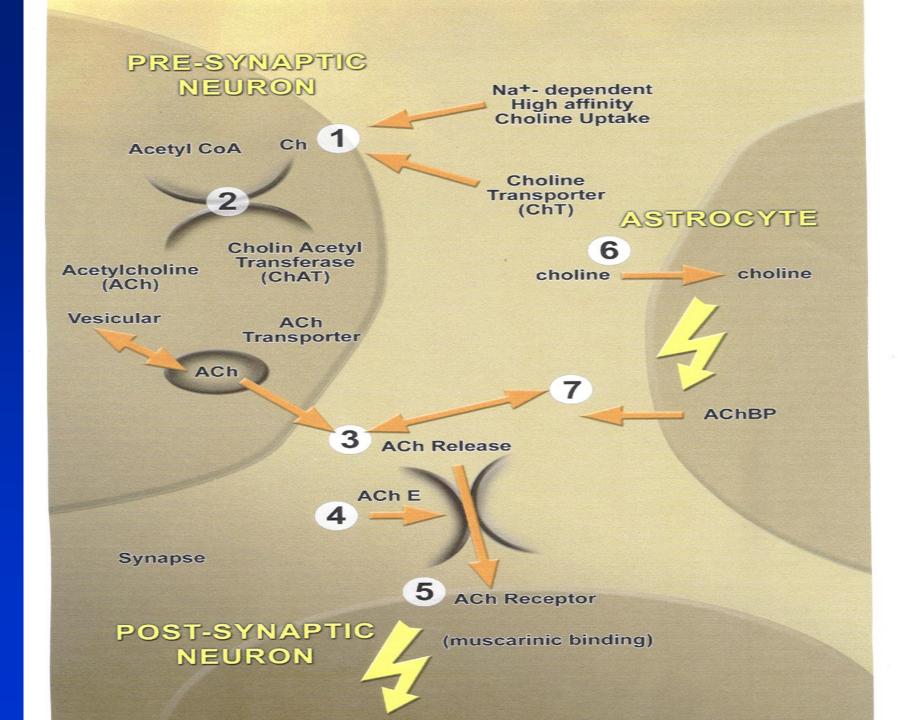
### Locura Manganica



## Manganism -Extrapyramidal stage

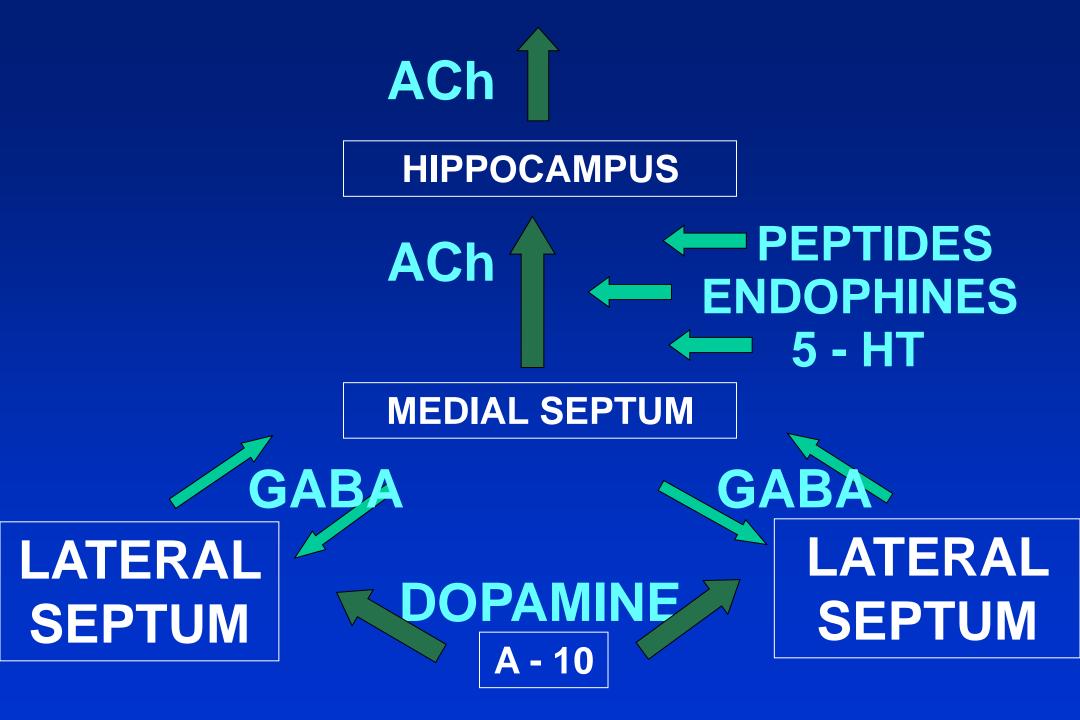
The organic mental syndrome is usually followed by disturbances of gait and excessive salivation, as the first manifestations of a movement disorder:

an extrapyramidal syndrome clinically resembling Parkinson's Disease



### Glial targets for manganese activity:

Manganese exerts its effect on the highly dynamic reciprocal relationship between astrocytes and cholinergic neurons.





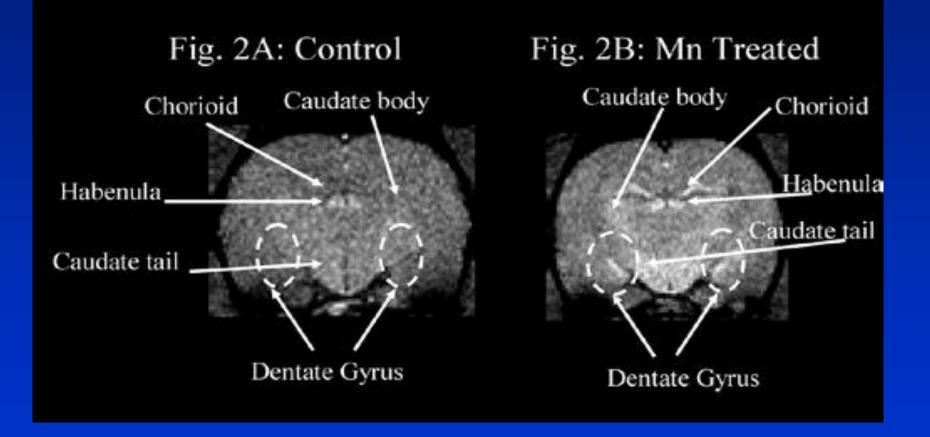


#### Israel Medical Association Journal 2008;10:793–798

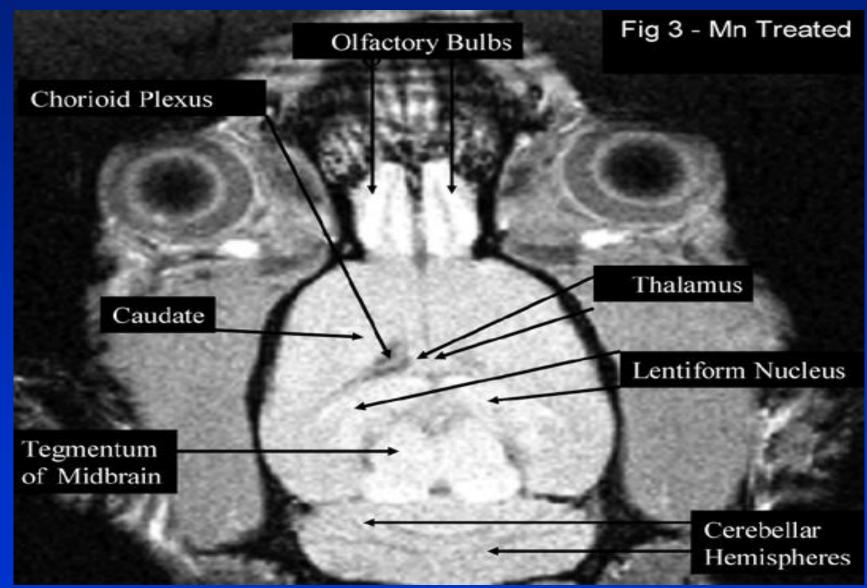
Differential Deposition of Manganese in the Rat Brain Following Subchronic Exposure to Manganese: a T1-Weighted Magnetic Resonance Imaging Study Yoram Finkelstein<sup>1</sup>, Na Zhang<sup>3,9</sup>, Vanessa A. Fitsanakis<sup>2</sup>, Malcolm J. Avison<sup>4-6,9</sup>, John C. Gore<sup>3,4,6,7,9</sup> and Michael Aschner<sup>5,8,10,11</sup>

 <sup>1</sup>Neurology and Toxicology Unit and Service, Shaare Zedek Medical Center, Jerusalem, Israel
 <sup>2</sup>Department of Biology, King College, Bristol; and Departments of <sup>3</sup>Physics & Astronomy, <sup>4</sup>Radiology & Radiological Sciences,
 <sup>5</sup>Pharmacology, <sup>6</sup>Neurology, <sup>7</sup>Biomedical Engineering, <sup>8</sup>Molecular Physiology & Biophysics and <sup>9</sup>Pediatrics, <sup>10</sup>Institute of Imaging
 Science, <sup>11</sup>Center for Molecular Neuroscience and <sup>12</sup>Center of Molecular Toxicology, Vanderbilt University, Nashville, TN, USA

#### Differential Deposition of Manganese in the Rat Brain



#### Differential Deposition of Manganese in the Rat Brain



Anatomical selectivity of manganese-induced cholinergic effects

is compatible with the clinical correlates of manganism, involving :

impairment of emotional response, decline in higher cortical functions and movement disorder





**Brain Research Reviews 27: 168–176, 1998** 

**Full-length review** 

#### Low-level lead-induced neurotoxicity in children: an update on central nervous system effects

Yoram Finkelstein<sup>a</sup>, Morri E. Markowitz<sup>b</sup>, John F. Rosen<sup>b</sup>

<sup>a</sup> Department of Neurology, Shaare Zedek Medical Center, Jerusalem, Israel

<sup>b</sup> Division of Environmental Sciences, Department of Pediatrics, Albert Einstein College of Medicine, Montifiore Medical Center, Bronx, NY, USA **READING AND MATH** N=4853; 6-16 Year old; Mean Blood Lead=1.9 mcg/DL

For every 1 mcg/dL increase in Blood Lead Level:

- 1 POINT IN READING
-.7 POINT IN MATH
-.1 POINT IN REASONING
-.5 POINT IN SHORT TERM MEMORY

DEFICITS OBSERVED AT LOW BLOOD LEAD LEVELS <5 mcg/dL</p>

Lanphear, Pub Health Reports 2000

#### Lead and Behavior

Yule 1983: n=166, 6-12 y, Lead Blood Level: 7-32 mcg/dL

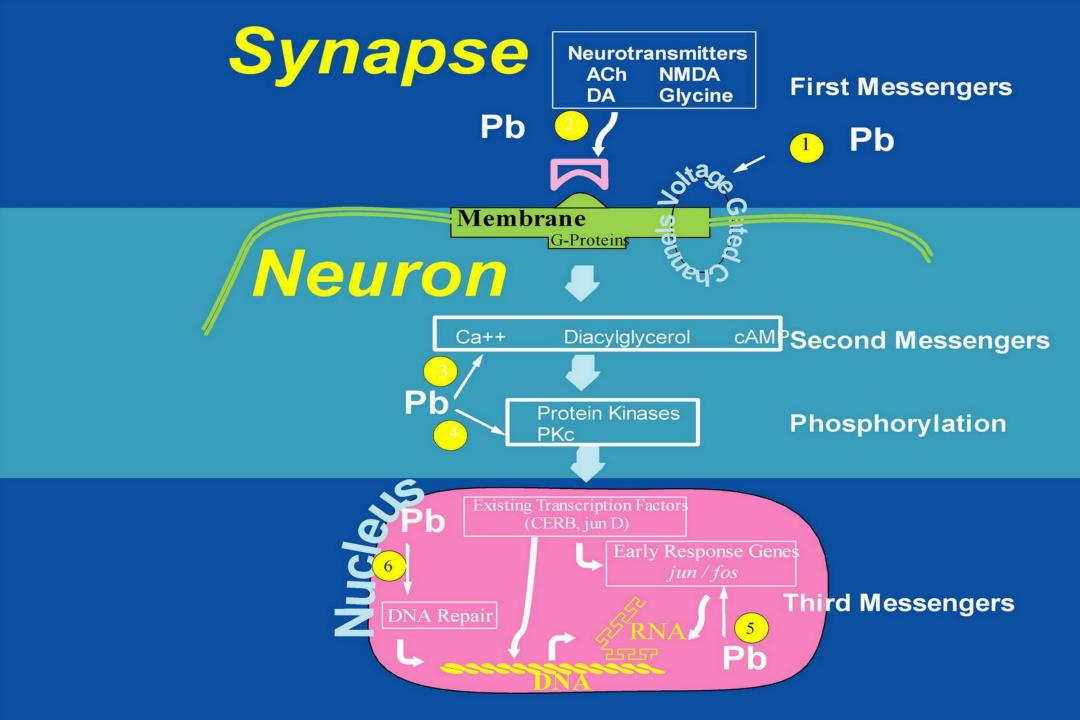
Teacher's Rating Scale (Rutter): Squirming, fights, thumb sucking Conners' Scale: conduct problem, inattention

Winnecke 1994: n=367, 6 y, Lead Blood Level: 1-19 mcg/dL

Tapping: max. # taps of index finger/10 sec Pattern recognition Jigsaw pattern identification

### **LEAD NEUROTOXICITY:**

### **INTRACELLULAR MECHANISMS**



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Long-Term Community Exposure to Drift-Containing Organophosphate Pesticides – Are there Neurobehavioral Effects in Children?

<sup>1</sup>Yoram Finkelstein MD, PhD, <sup>1</sup>Amit Ophir, MSc, <sup>3</sup>Michael Aschner, PhD and <sup>2</sup>Elihu D. Richter, MD, MPH

<sup>1</sup>Service and Unit of Neurology and Toxicology, Shaare Zedek Medical Center, Jerusalem, Israel

<sup>2</sup> Dept of Occupational and Environmental Medicine, the Hebrew University School of Medicine, Jerusalem, and

<sup>3</sup>Department of Pediatrics, the Vanderbilt University Medical Center, Nashville, TN, USA Examine the neurobehavioral status, cognition skills and task performance in schoolchildren in a rural area

A control group: Schoolchildren in kibbutzim in another area who, in all likelihood, are not exposed to pesticide drifts







Interview Questionnaires - preliminary observation:

24 out of the 60 (40%) respondents in the study group reported that at least one of their children had been diagnosed with Attention Deficit/Hyperactivity Disorder (ADD/ADHD)

**ADD/ADHD Prevalence in Children in Israel and Elsewhere:** 

 No data exist in the Israel Central Bureau of Statistics
 A few have suggested that ADD/ADHD affects 5%-7% of the children in Israel

Elsewhere: ADD/ADHD affects 5%-9% of the children



## **ADD/ADHD** in Children

	VALLEY	MOUNTAIN	CONTROL	TOTAL
ADD/ADHD	13 (40%)	4 (19%)	3 (15%)	20
TOTAL	32	21	19	72

Interview Questionnaires preliminary observation

This finding raises concern, as current theory suggests that a genetic factor is primarily responsible for the pathogenesis of ADHD Low Level Long Term Exposure to OP Pesticides

Adding novel parameters, including PON-1 (paraoxonase-1) – a genetic parameter of polymorphism

> <u>Adults</u>: blood test <u>Children</u>: buccal smear

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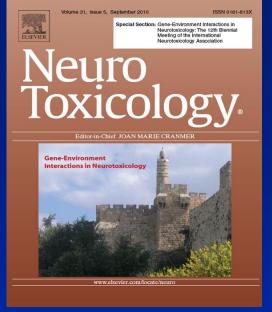
Neurological changes in children induced by sprayed organophosphorous pesticides and the atmospheric variables contributing to it

Yoram Finkelstein, Yael Dubowski, Amit Ophir, Ohad Zivan, Michael Aschner, Michal Segal-Rosenhaimer, Igal Bar-Ilan, Elyakim Doitsch and Elihu D. Richter

### **Precautionary Measures:**

#### **Education**

Prevention



#### NeuroToxicology 31: 621–626 (2010)

# Impact of integrated pest management (IPM) training on reducing pesticide exposure in Illinois childcare centers

Debby F. Mir<sup>a</sup>, Yoram Finkelstein<sup>b</sup>, Gayle D. Tulipano<sup>c</sup>

<sup>a</sup> Tel Hai Academic College – Department of Environmental Sciences, Israel

<sup>b</sup> Shaare Zedek Medical Center – Unit and Service of Neurology and Toxicology, Jerusalem, Israel

<sup>o</sup> Northeastern Illinois University (NEIU) – Department of Geography and Environmental Studies, Chicago, USA

### New Actions Taken at Childcare Centers following IPM Training

New Pest Control Practices Adapted Post Training									
Program Management	%	Pesticide Practices	(%)	Preventative Measures	(%)				
	Uptake		Uptake		Uptake				
Assigned an IPM	32	Stopped spraying	27	Clean behind	56				
Coordinator				appliances					
Use pest sighting logs	32	Stopped using all	13	Install door sweeps	30				
		pesticides							
Use monitor traps	29	Use baits instead of	41	Patch holes around	60				
		sprays		pipes					
Create notification	28	Notify parents before	31	Control clutter	60				
procedures		spraying							
No change	19	No change	23	No change	14				

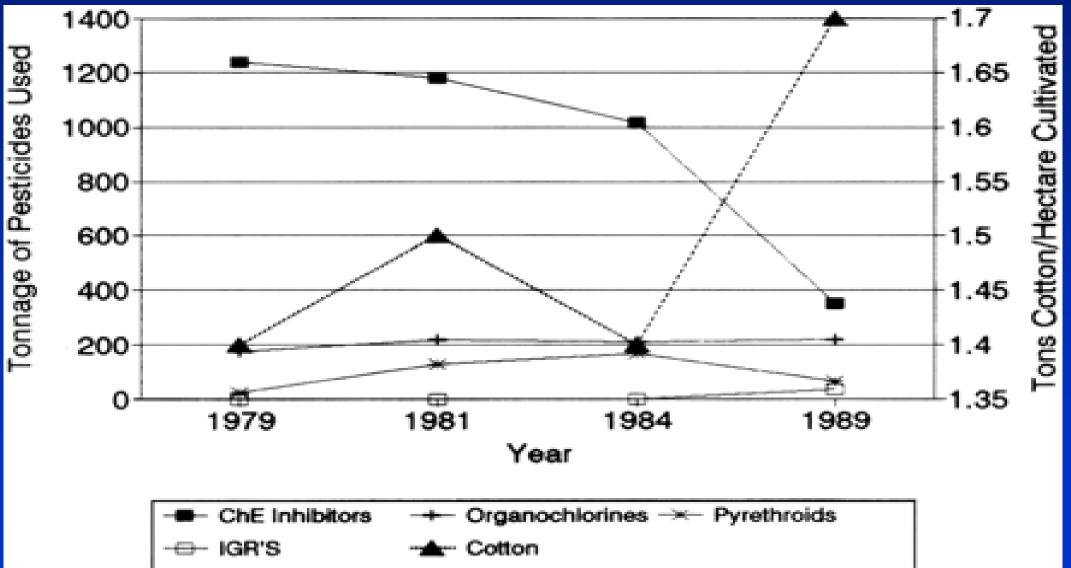
### **Precautionary Measures:**

#### Education

Prevention

#### Cotton yield Vs pesticide use in Israel

#### Richter et al, 1998



## A fence at the top of the cliff is better than an ambulance at the bottom

### ".....If not now, when..."

**Environmental Health Fund** 

The Chief Scientist, Israel Ministry of Environmental Protection

The Chief Scientist, Israel Ministry of Industry,

**Trade and Labor Committee for Preventive Activity and Research** 

in Health and Safety at Work